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The Teachings

A Partial Teaching on Sin

Discourse

Qn. What are the implications of the term “Violation of The Teachings”?

Ans. When an [act](#) [(speech), (writing), (physical acts of body), (physical acts of appendages), (physical acts through aids), (avoidance of duty)] goes against the letter or spirit of [The Teachings](#), it is termed as a violation.

1. A violation occurs whenever an **individual** [inflicts harm](#) upon:
 - a. Self
 - i. [Atma](#)
 - ii. Body
 - iii. Mind
 - b. Another
 - i. Atma
 - ii. Body
 - iii. Mind
 - c. Property
 - i. Environmental
 - ii. Belonging to another person
 - iii. Societal property.
2. A violation occurs whenever a **group** inflicts harm upon:
 - a. Itself through harm on
 - i. Atma
 - ii. Body
 - iii. Mind
 - b. Another group
 - i. Atma
 - ii. Body
 - iii. Mind
 - c. Property

- i. Environmental
 - ii. Belonging to another person
 - iii. Societal property
- 3. A violation occurs whenever **Society** inflicts harm upon
 - a. Individual Members
 - i. Atma
 - ii. Body
 - iii. Mind
 - b. Another society's individual members
 - i. Atma
 - ii. Body
 - iii. Mind
 - c. Property
 - i. Environmental
 - ii. Belonging to another society
 - iii. Societal property
- 4. A violation occurs when an Atma or **body+mind** given to that **Atma ignores a matured Request made by the Atma**, which has been granted by GOD.
- 5. A violation occurs when an Atma or body+mind disregards a granted request.
- 6. A violation occurs when an Atma or body+mind **denies a granted request**.
- 7. A violation occurs when the given body+mind tells a lie or untruth, which causes harm.
- 8. A violation occurs when the body+mind steals something.
- 9. A violation occurs when the body+mind denies a truth.
- 10. Dishonour is greater and **consequences** will be greater on the body+mind when the body+mind disregards, denies or ignores the granted request after being informed.
- 11. When the individual Atma or body+mind disregards, denies or ignores the duties laid upon each by **The Teachings**.
- 12. Ignorance of the duties laid upon the individual by The Teachings is not an excuse.
- 13. To **abuse** the natural resources and facilities given by **GOD** through **The GIFT** is a **sin**.
- 14. When an individual **acquires** something and does not distribute equally to the **TEN Right Holders**, it is a sin.
- 15. Anything that is **earned, acquired and received** is not distributed equally in sequence to the TEN Right Holders is a sin.
- 16. **Doing** – an act amounting to sin.

17. Abuse is a sin.
18. Whatever is acquired is a sin if [The LAW of The TENTH Part](#) is not obeyed.
19. Each instance of a harm is a separate sin.

Effects of Sin

1. The First Sin creates a [thin film](#), which settles on an [Atma](#) and extends along all the filaments to each cell of the body.
2. The second sin creates the second layer, which on coming in contact with the first layer on the Atma contracts, thus pulling out the filament from each cell.
3. The subsequent layers will eventually form the [crust](#) around the Atma.
4. To remove each single layer, Atma has to pass through a [Jooni in regret](#).
5. Every [instance of sin](#) initiates a negative [counter](#) in the account of the Atma whose body+mind has committed that sin.
6. Due to sin, the effects of negative counter are imposed on the Atma as well as body+mind.
7. The readings of the negative counters of an [accounting year](#) are calculated and the tenth part of the total reading is imposed as stress on the body+mind.

Transit

One transit cleans one layer of sin, thus the sum total of all [Joonis \(transits\)](#) enables that Atma to become clean and pure and [earn the right to another Janam](#).

Hell

Hell consists of all the Joonis through which the Atma is going through (Hell is not a single Jooni).

OMNMNKAAR

Each [recitation of OMNMNKAAR](#) stops one negative counter thus reducing the total

transits that the Atma will have to face.

Action Plan

As long as there is only one sin, the Atma is in control of body+mind.

Control by the Atma over the body+mind is lost when the body+mind commits the second sin.

The lesser the number of sins committed by the body+mind, the better for the Atma.

Recite OMNMNKAAR as many times as you can daily.

Some of the Partial Teachings are listed here from the [Index](#):

1. A Partial Teaching on [Janam and Jooni](#).
2. A Partial Teaching on [Soul or Atma](#).
3. A Partial Teaching on [Salvation](#).
4. A Partial Teaching on [Atma at The Court of The Chief Judge](#)
5. A Partial Teaching on [Parameters of a Valid Request](#)
6. A Partial Teaching on [Dishonour of Grant given to an Atma](#).
7. A Partial Teaching on [The Story](#)